

# THE CATALYST

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"IGNITING THE MIND"

FREE

## RESISTANCE REPORT: THE FIRST MONTH

By Bobby Reilly

The role and influence of the executive branch has been expanding and strengthening with every passing administration for decades. Some of the most powerful tools in the presidential toolbox are executive actions: executive orders and memorandums. Donald Trump promised he would be different than any other president in our history, especially his immediate predecessor, Barack Obama. Trump decried the use of executive actions during the Obama Administration and won praise from Republicans in December 2015, when on the campaign trail he said, "I don't think [Obama] even tries anymore. I think he just signs executive actions." While Obama currently holds the record with nineteen executive actions in his first twelve days in office, Trump comes in closely behind with eighteen such actions in his first twelve days. A key difference to be made, however, is the unprecedented nature of these executive actions undertaken by President Trump.

Let's take a look at some of the actions taken in just a few weeks:

January 24th, 2017 - President Trump signed a pair of executive memorandums which resume the construction of the Keystone XL and the Dakota Access pipelines. The proposed Keystone XL pipeline, which was halted under Obama, will transport a fossil fuel with an "industry average emissions...estimated to be 3.2 to 4.5 times as intensive per barrel as conventional crude [oil]" through America's heartland until it reaches the recently oil-devastated Gulf of Mexico for refining and distribution. The Dakota

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## Legendary Civil Rights Leader Bobby Seale Addresses Overflow Crowd at SUNY OW

By Laura DeMarzo



Bobby Seale

John Butler

"Power to the people is still what it's all about," said legendary civil rights leader and Black Panther Party co-founder Bobby Seale at SUNY Old Westbury on February 16th. The power of organized activism and need for young people to build on the efforts of their predecessors were the central themes of his talk before over 400 students, faculty, and staff.

Seale discussed the earliest public tactics the party used to raise its profile, most notably their monitoring of police activity in and around Oakland, California. "The goal was to capture the imagination of the people," Seale said. "If you can capture the imagination of the people, then you can organize them."

For nearly 90 minutes, Seale recounted his life from his upbringing in Northern California, to his professional career in community development, and his work as a leader in the creation of the Black Panther Party, the revolutionary activist organization seeking equal rights, support and opportunities for African-Americans from its founding in 1966 until 1982.

In recounting his work to create the party with fellow co-founder Huey Newton, Seale focused emphatically on their intent to raise interest and understanding of the rights, needs, and contributions of African-Americans both across the nation's history and in contemporary society. Further, he said, the goal was to activate African-Americans to realize the need for more members of their community to run for political office and support those who did.

Seale noted that detractors of the Black Panther Party at the time and throughout history have decried the arming of some party members with

(Cont. on page 3.)

## #OscarsNotSoWhiteAnymore

By Tayonna Jenkins



The year 2015 gave birth to #OscarsSoWhite. If you haven't heard of it, this was the backlash the Academy Awards received for not having any black actors in their categories. In 2016, history repeated itself and the hashtag resurfaced. In 2016, there was an extreme lack of any minority actors in the top four categories.

Despite the phenomenal films that were released in 2015, in 2016 there was an extreme lack of any minority actors in the top four categories. These roles

included, Michael B. Jordan in *Creed*, Will Smith in *Concussion*, and Idris Alba in *Beast of No Nation*. There was much backlash on social media which ultimately started when celebrities such as Spike Lee and Jada Pinkett-Smith voiced their decision to boycott the awards that year. Spike Lee stated his opinion in a lengthy Instagram post. "Forty white actors in two years and no flava at all. We can't act?! WTF!!" was included in his caption underneath a picture of Dr. Martin Luther King Jr.

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## An Open Letter to Donald Trump

By Brianna Desir

Dear Donald Trump,

It seems like the whole country has been wondering the same thing for the past month of your presidency: How did the racist, fascist, sexist, homophobic, republican man with no experience manage to win the presidential election? Since the inauguration, which has been deemed the worst inauguration in history, people have been exhibiting a strong fear, worry, and sense of impending destruction.

We have become the nation without hope and the country that is going to fail, all because of a man who got bored. My letter may be biased because I am a black female who is an ally of the LGBTQ community so I kind of know what it feels like to be human and to be disregarded and treated as if we don't exist. How can someone want to make America great again by turning back the clock?

What about America was so great? Colored people were enslaved then segregated, white people were superior despite actually being the minority, and women legally were considered their husband's property. Was it the fact that colored people couldn't get jobs, or that women were only allowed certain jobs, or that LGBTQ members had to hide and were not legally allowed to marry the love of their lives until 2015?

A month in and we are in the process of building a wall to keep immigrants out of the United States because Trump thinks that immigrants come from Mexico. Honestly a ton of illegal immigrants come from overstaying their visit or lying on their Visa. We're spending money on a wall where there is a water crisis in Flint, Michigan and people have no clean water to drink. How can we claim American and have a Statue of Liberty that shows the way to freedom but have a ban on Muslims.

It's confusing how Donald J. Trump is a New Yorker, born and raised, and has so many issues with different cultures and kind. New York City is a melting pot, no official language, towns and sections such as little Italy and Chinatown that embraces people's cultures and diversity. Yet our president is so ignorant and close minded that he's willing to remove the diversity and multiculturalism that makes America as welcoming as it is. As a president he has already caused plenty of issues within different communities.

People don't feel welcome or safe in their lives. The Klu Klux Klan feels more welcome to engage in their activities more proudly and publicly, there are people with similar racist mindsets who feel comfortable enough to express their terrifying thoughts, or conducts horrific actions because our president is a reflection of their beliefs.

This is the man that is going to "fix" our country? This is the person that is going to restore America and make us "great again"? As a nation we are scared and hopeless and are doubtful and expecting the worst. If someone like that can run the country what exactly is going to happen next? What will the next four years look like? Is there even a future to look forward to? While the answer to many of these questions cannot be solved by anyone other than President Donald Trump himself, we have to remember that love will get us through it all. So have a wonderful presidency Donald Trump... we will survive!

Sincerely,

A Concerned American

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## Legendary Civil Rights Leader Bobby Seale Addresses Overflow Crowd at SUNY OW

rifles and handguns and wrongfully portrayed the party as a violent organization. He said that he and his colleagues were always well-versed in their rights and the law, including those related to firearm possession and use. "We didn't want to be violent, but we wanted people to know that, if you attack me, I'm going to hit back." Citing the party's critics, he specifically cited a reference by then director of the FBI J. Edgar Hoover who warned that the Black Panther's free breakfast programs for underprivileged school children was a threat to national security.

The lecture also included discussion of other activities of what he described as the Black Panther Party's "human liberation movement," including the breakfast programs, free health clinics, and among the earliest sickle cell anemia testing programs for African-Americans in the United States.

Seale Specifically urged allies into running for public office at all levels, "What I had discussed with Huey Newton and others, that we have to have to some political electoral community power to take over the seats. This is what I discussed a year before creating the Black Panther Party."

Seale began his work while at Merritt Community College in Oakland, studying engineering and politics, where he became a part of the Afro-American Association. This is also where he met Black Panther Party co-founder Newton. Several years later he worked at an anti-poverty center, specifically teaching younger generations Black history.

Influenced by Malcom X, the year after his assassination, the Black Panther Party for Self-Defense was created along with its Ten-Point Program. This was the party's platform and read as the party's bill of rights, which included the right to full employment, and freedom to determine one's destiny, education and housing.

Along with discussing his history of activism across the past fifty years, Seale looked to the future, noting his intent to create a not-for-profit organization focused on what he described as an "environmental renovation and youth jobs program."

In closing, Seale referred to the famous call of Black Panther Party--"Power to the People"--while imploring the students in attendance to be organized and active. "You must get your education, and make sure your ideas, beliefs, and actions always correspond to reality," he said.

Politics, Economics and Law Club President Steve Abreu helped introduce the octogenarian activist.

*The event was sponsored by the PEL Club and co-sponsored by the PRIDE Club, Mu Sigma Upsilon Sorority, Inc., and MALIK Fraternity, Inc.*

Cont. from page 1

## Resistance Report: The First Month

Access pipeline has been the subject of intense debate and protest since its inception. This pipeline has been scheduled to be built through the lands of the Standing Rock Sioux Tribe in North Dakota where it will disturb native burial sites and the slightest accident will contaminate the drinking water. In December of 2016, President Obama responded to environmental activists' demands and halted the construction. The Army's Assistant Secretary for Civil Works Jo-Ellen Darcy said in a statement, "The best way to complete that work responsibly and expeditiously is to explore alternative routes for the pipeline crossing." According to NPR, "the Army Corps of Engineers will continue its review of the Dakota Access pipeline route, but the executive order could speed up the process."

On January 25th, 2017, President Trump signed another pair of executive actions, this time concerning our southern border with Mexico. The first of the pair is a plan for the erection of "a contiguous, physical wall or other similarly secure, contiguous, and impassable physical barrier." The second order calls for the hiring of 10,000 more immigration officers and to revoke federal grant money from so-called "sanctuary cities" which refuse to deport undocumented immigrants. The orders failed to outline how either the hiring increase or the wall itself will be paid for, but the president still insists that "Mexico will pay for it."

On January 29th, 2017 - President Trump signed an executive order which elevated Chief Strategist Steve Bannon, founding member of the alt-right Breitbart News, to the National Security Council (NSC); never before has a political advisor or strategist been given such high national security clearance. This may seem strange, but the truly alarming aspect of the order is the removal from the NSC of two of the highest-ranking national security experts in the nation: the Director of National Intelligence and the chairman of the Joint Chiefs of Staff. For context, two men who held similar jobs as Bannon, David Axelrod under Obama and Karl Rove under G.W. Bush, never had this unprecedented access to national security intelligence, for they were *political* advisors. Another unsettling dimension of this order is that, according to *New York Magazine*, President Trump was not "fully briefed" before signing the executive order, which was authored by Mr. Bannon, and "[is now] a greater source of frustration to the president than the fallout from the travel ban."

The United States is a very different place than it was a month ago. These are just a few of the nearly two dozen executive actions taken by Trump since his inauguration and many more are expected to be signed before his one-hundredth days in office. Time will be the best determiner of the failure or success of these presidential actions, but history has proved that an unflinching abuse of executive authority coupled with the nepotistic elevation of close advisors lead down a path of corruption and constitutional crises.

## Former NYPD Officer becomes UPD Deputy Chief

By Marilynn Bonilla

Thomas Pascale is the newest deputy chief of University Police. "He is a strong proponent of the community policing model, and is a welcomed addition to our agency," stated Chief Steven Siena.

According to Pascale, his position consists of assisting Chief Siena and is responsible for supervision of lieutenants and the detective.



Pascale and Siena are currently working on making Old Westbury's University Police Department accredited. "In the world of policing, it's well respected if you are in accredited police agency and we are going to start the accreditation process eminently, probably within the next month or two," Pascale continued, "It's going to be challenging, but I will be assisting the Chief going through the accredited process."

According to the *Uapd.arizona.edu*, "The law enforcement accreditation system establishes a uniform set of 'Best Practices' for police agencies that are consistently verified and measurable on an international scale."

"Police work is the same, but I am making the transition of working as a municipal police officer to University Police officer," Pascale added.

He was part of the New York Police Department for 22 years, within Brooklyn and Queens, before working at SUNY Old Westbury. Pascale started off as a police officer in Elmhurst, then a sergeant in Ozone Park, and then a lieutenant in Jackson Heights. Pascale was later assigned as Captain in the Narcotics Division in South Brooklyn. In 2015 he was assigned in the Internal Affairs Bureau, in which he did his final assignment before becoming deputy chief at Old Westbury.

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## #OscarsNotSoWhiteAnymore

Despite the hashtags and boycotts the 88th Academy Awards went on with many notable celebrities in attendance as usual. Chris Rock was the host and used this as a time to make light of the situation. There many laughs as well as awkward silences. The top four categories awarded their "so white" winners and by the next week it was all forgotten about. Talk of the 89th Academy Awards started buzzing later on in the year.

There has been a major turnaround for this year's award show. One would think that with films such as *Fences*, *Moonlight*, *Loving*, and *Hidden Figures* it would be impossible for the #OscarsSoWhite hashtag to resurface. This is currently the case with the top four categories all containing a minority nominee. There is Denzel Washington for Best Actor, Ruth Negga for Best Actress, Mahershala Ali for Best Supporting Actor, as

well as Viola Davis and Octavia Spencer for Best Supporting Actress. What does this mean for minority actors in Hollywood? It could mean that they will finally get the recognition that they deserve in roles other than slaves, mummies, and gangsters. It could also mean that that this was just a way to end the slander of the Oscars.



# The Women's March America's Largest

By Laura DeMarzo

While January 20th ushered in what some may call the era of “Alternative facts, a.k.a the Trump presidency, the 21st brought a pushback from feminism and its allies in the form of what some estimate was the largest protest in U.S. history—arguably shadowing the inauguration by sheer numbers (a half million to one million in D.C. and 4.5 million nationally)—serving as a reminder of the strength in solidarity.

In a time of severe divisiveness, white-knuckled partisanship and disheartening lines in the sand, the Women's March on Washington reminded people of their promise not to normalize a post-Trump America. Conceptualized as a reflex to Trump's policy plans, the day

performers seemed an embarrassment of liberal riches especially when following the inauguration, notorious for the entertainers who declined, backed out or received backlash for accepting the invitation, such as R&B/Soul singer Chrisette Michele. Speakers included Planned Parenthood president Cecile Richards, actress Scarlett Johansson, legendary activist Angela Davis (delivering one of the most memorable speeches of the day, stating “History cannot be deleted like web pages!”) prominent feminist Gloria Steinem, CNN's Van Jones and Malcom X's daughter, Ilyasah Shabazz, plus many more.

Though the march was peaceful, it was not without criticism. The Trump



Photo cred: McClatchy DC

after he was elected Teresa Shook of Hawaii invited friends via Facebook to march in D.C.

Soon, similar invites spread through the Internet and other organizational efforts began by those who would become co-chairs such as fashion designer Bob Bland, executive director of the Arab American Association of New York, Linda Sarsour and Carmen Perez.

The grassroots march spread internationally, with events overseas including England and France in protest of Trump's win. Future marchers found specifically problematic the ultra-conservative and alt-right nature of his circle and followers, with Sarsour referencing the event as “A stand on social justice and human rights issues ranging from race, ethnicity, gender, religion immigration and health-care.”

While chairs avoided directly calling the women's march a campaign against Trump, chants aimed at the president peppered the event including the amusing: “We want a leader, not a creepy tweeter!”

At the event itself, the marchers were more inclined to pinpoint their anger, as pink knit hats, coined “pussy hats” replaced the droves of infamous red “Make American Great Again” caps from the day before, of course referencing the female genitalia a then business mogul was recorded stating he could “grab.” One woman, giving out hand made hats and cat ears explained, “I hate Trump so much, I learned to knit.”

These everyday people weren't alone in their disdain, as the list of speakers and

# Flying High with Uber

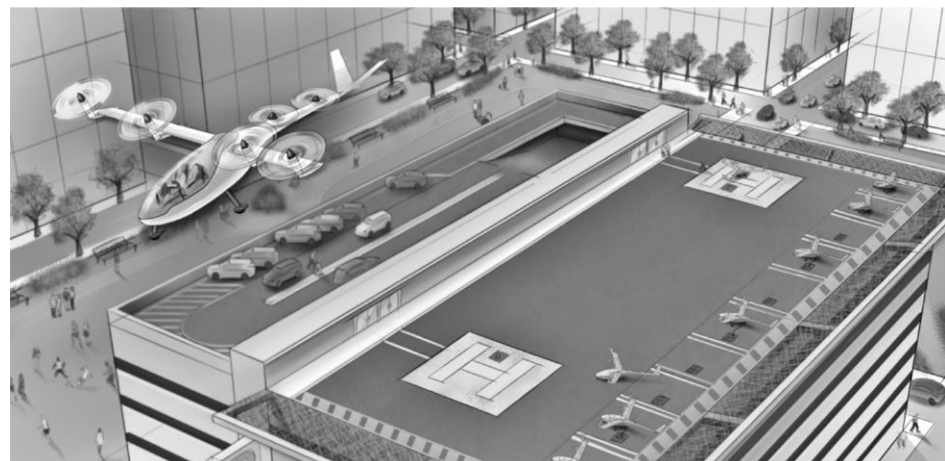


Photo credit: Uber.com

By Johan A. Acevedo

As of October 27th, 2016, Uber has taken up the ambitious task of taking over the sky's with the long-awaited “flying car.” Since then, Uber has remained relatively quiet on how they would tackle the seemingly far-fetched project until it was unveiled on February 6th, that they have hired former NASA engineer Mark Moore.

Moore, 30, had been employed by NASA as an engineer for more than 30 years, specializing on creating conceptual designs for advanced aircraft models. Now as the director of engineering for aviation and head of research and development department, Moore will have his hands full in order to deliver the world's first “flying car” prototype. The main setback Uber is experiencing with this project is the logistics of taking off and landing the aircrafts in tight spaces.

This idea would work fine in rural

areas due to the open spaces for runways, but Uber's target consumers are mainly urban traveling customers. This is where Uber made the smart choice in selecting Moore because he has worked extensively on a VOTL design (vertical take-off-and-landing) for NASA during his tenure.

Furthermore, Moore released a white paper in 2010 describing his ideas. These VOTL vehicles would solve the accessibility problems in urban areas since they would be able to take off in a stationary vertical position and land using a hovering maneuver similar to a helicopter. Even with these promising moves in the right direction, the idea of having aerial accidents over a densely populated area creates major safety concerns for Uber's ambitious endeavor.

# Landing a Position at News 12 Asha Johnson, OW Student Profile

By Banusa Sivanesathasan

“The sky's the limit,” Asha Johnson passionately told me after her long shift at News 12 Long Island. She, like many other Old Westbury students, came to this college in hopes of a better future. Asha is quite popular throughout the American Studies department due her perseverance and dedication towards her major, Media and Communications.

She never stops learning and she says, “Observing is what I like to do to build my experience.”

Her first step was to complete her Associate's degree at Suffolk Community College then she chose to attend SUNY Old Westbury as a transfer student. Asha was unaware of the SUNY Old Westbury campus until her mother told her about this prestigious school with its small class size and it's encouraging professors, who always make time for their students. Asha volunteerws her hours at the OWTV station, where she spent most of her time training other media and non-media students on how to conduct programs to directing, editing, and producing several other stupendous works. She is also sharp on getting things right and mentions how she is

hands on. “I like to watch people a lot. I don't usually like to jump in so quickly... And I don't like to make mistakes early.”

She adds, “I want to be out in the field. I want to do videography. I want to be a videographer.”

She now knows what she wants to do. She is quite certain and strong minded about her future endeavors. Further, she is more hopeful than ever that being a videographer is her calling. “I didn't like staying in the studio all day and then just going home. I didn't feel like I was myself. I wasn't being creative. I wasn't experiencing the world and I wanted to. And that is why I like going out in the field.”

She is proud to acknowledge that the two summer Internships opened her eyes to what the real world beholds. This crossroads experience she initially felt had been eliminated after working several hours each week during those blazing hot summer days..

Asha Johnson, a senior now at SUNY College at Old Westbury is certain that dedication and passion is what one needs to have “to literally be anyone in this field” or any field for that matter.



## Different Types of Winter Boots

By Paige Kerr

With at least three more weeks of winter ahead of us, boots are an absolute necessity for this winter season. But with the variety of boots out on the market, how can one choose which is the right fit for them?

### The Classic Boot



The classic boot is the normal/ plain-jane boot that most girls will be sporting around campus this winter. They do the necessary job of keeping your feet warm while preventing you from slipping on your butt (which is always nice). The boot that fall under this category are Uggs and other boot with a similar style. And while I am the proud owner of a pair of Uggs, I do have to admit they are not the cutest footwear.

### The Snow Boot



The snow boot is designed for those hectic winter days where snow and clear is clearly evident. They are created for with the sole purpose of tracking through snow and are perfect for those who are as clumsy as I am.

### The Heeled Boot

The heeled boot is the cutest option of the bunch. This boot will provide a bit of warmth but really it's just made to look cute. And while I strongly suggest not wearing this style of boot in the snow/ice, this style is definitely a cute option for those non-snowy days.



### The Knee-High/Thigh-High Boot



The knee high and/or thigh high boot is the type I am dying to get my hands on. This boot will not only keep your legs warm but also keep you looking super cute. This boot is the most versatile of the group because it allows an individual's to wear basically anything with it. With high-length boots a person can wear a basic ootd of jeans and a sweater or spice it up by wearing a sweater dress.

## Miss Universe 2016

By Paige Kerr

Iris Mittenaaere, representing France, last month was crowned Miss Universe 2016. And while I personally enjoyed the show, chaos broke out on social media platforms.

For those who haven't heard of this competition, Miss Universe is a beauty pageant in which one girl is selected to represent her country. Competition such as this one were created with the purpose of encouraging young women to be confident, powerful and caring, and the crown goes to the woman who can prove she's all of these things through the swimsuit, evening gown and questions rounds.

On Facebook and Twitter, people were posting about how Raquel Pelissier of Haiti should have won the title instead of being the runner up. People were angry that the crown was put on France's head and we're hoping that Steve Harvey made another mistake.

A tweet posted by Patrice reads "#MissUniverse #MissUniverse #MissUniverseHaiti I have NO respect for the pageant!! Ms. France didn't answer the last question. What cheats!?"



And a similar tweet by Lee was posted stating "when you actually realize

that #misshaiti 's answer is much more sincere than any other else... #MissUniverse".

The young woman were judged by Dayanara Torres, Miss Univese 1993, Mickey Boardman, fashion journalist, Sushmita Sen, Miss India 1994, Francine



LeFrak, social entrepreneur and women's empowerment activist, Cynthia Bailey, Former model/founder of The Bailey Agency (modeling agency), Leila Lopes, Miss Universe 2011, and the fans.

Now whether you believe the fans



votes actually influenced the verdict, is a whole different issues. But these six/seven judges (depending on your personal beliefs), chose to give the title of Miss Universe 2016 to Iris Mittenaaere because they believe she should have been given the crown. And while I truly believe Twitter is an amazing platform to voice your opinion on, in this instance it did not have an impact on the outcome.





# National Geographic's Gender Revolution with Katie Couric

By Deirdre Bardolf

On Monday, February 6<sup>th</sup>, National Geographic premiered what is arguably Katie Couric's most radical investigation to date. In the two-hour documentary *Gender Revolution*, Couric, doubling as the producer, "sets out to explore the rapidly evolving complexities of gender identity."

The documentary consists of interviews with doctors, scientists, therapists, and students. Couric speaks with people who are transgender and those who were born intersex, as well as with their families. They discuss the evolving fluidity of gender and the evolution of the conversation surrounding it, especially among our generation.

Katie Couric has always immersed herself in films and investigations regarding the most pertinent cultural issues of the time. In the past, Couric has co-produced documentaries such as *Under the Gun*, about the victims of Sandy Hook and *Fed Up*, about the obesity epidemic in the United States. She has also dedicated herself to fighting cancer, especially of the colon, following her husband's death. In the meantime, she hosted *Dateline*, the *Today Show*, and *Now*, with *Tom Brokaw* and *Katie Couric*. Couric is currently an executive producer for the documentary Flint, about the water crisis in Michigan, which is currently in pre-production.

Couric initially got involved in conversations about gender in the film *Miss Representation*, about the influence of the media on young girls. She expressed her worry that she started the trend of anchors wearing short skirts and maintaining a sexually appealing image. As the first woman to anchor *CBS Evening News* alone, Couric grasped "the opportunity to mix it up a little" and perpetuated "the message that a woman could be as confident as a man in an important, powerful role," as she explains in *Miss Representation*.

Regarding the new *Gender Revolution*, Couric told The Huffington Post, "I set out on a journey to try to educate myself about a topic that young people are living with so effortlessly — and get to know the real people behind the headlines. Because the first step to inclusiveness and tolerance is understanding."

In her humble, curious, and straight/cisgender/white female way, Couric did just that. The documentary started with a narrative about how, back in the 1950's when Couric was born, times were more "simple," more binary, and defined by pink and blue, girl and boy. Actresses like Mary Tyler Moore were focused on changing gender roles while now we're trying to change the meaning of gender itself. She begins by speaking with Sam Killermann, a social

justice comedian, who explains that "gender expression" is how you present yourself to the world.

The film then delves into explaining a condition where babies are born with an intersex identity, or CAH (congenital adrenal hyperplasia). A possible reason for this can be that the male organs receive too little testosterone or the female organs getting too much, resulting in male and female sex organs. Often times, doctors perform a surgery at birth to make the genitals look either more male or female, more commonly female, and psychological trauma is almost inevitable for such patients later on in life.

Brian, formerly as Diane, was one victim of this injustice, and has since written a letter to the doctors who performed the surgery saying, "The medical community's shortsighted practices have left me with physical and psychological scars that have permeated every aspect of my ability to develop a healthy perception of myself."

Couric also spent time getting to know the Lohman family, who decided against the surgery, allowing their daughter, Rosie, the chance to decide her own gender identity as she grew up. Her mother stated, "we wouldn't be able to justify saying, 'We made this choice for you and I hope it was the right one.'"

Later on, viewers are familiarized with the Supreme Court case about Gavin Grimm, a transgender male (formerly female) who requested to use the boys bathroom at his Virginia high school, sparking a nationwide debate about using the bathroom for the sex one was assigned at birth or the one a person identifies with. Couric also speaks with transgender model, actress, and activist, Hari Nef along with counselors at a trans-youth summer camp, and a transgender owner of several El Pollo Locos.

Couric acknowledges that this conversation about gender identity and equality for all no matter what identity they chose is imperative given our current political climate. She told Marie Claire, "There's a high degree of nervousness among people in that community, but it's heartening to see that this is a social movement which has really gained speed. This is a segment of the population that's not going to go backwards in terms of speaking out, making their voices heard and demanding rights. This is an important time."

Watch the full documentary on National Geographic's website and read the corresponding article, also titled *Gender Revolution*, in their January magazine.

# OWWR Teams Up With Individuals With Developmental Abilities

By Melissa Monteleone

When Professor Joseph Manfredi was contacted by Alumnus Kevin Lopez, he knew the opportunity at hand was momentous. Lopez, who graduated Old Westbury in 2016 with his degree in Media and Communications, worked closely with Manfredi at Old Westbury Web Radio (OWWR). Since graduating, Lopez received a position at YAI as a Community Training Specialist. YAI, established in 1957, is a non profit organization which supports individuals with developmental disabilities. The network hosts a range of services to all age groups throughout New York and New Jersey. Lopez works directly with the WAVE program, a pre-vocational day habilitation. Lopez had a vision, and in just a few short months, he introduced YAI to OWWR.

The goal of the WAVE project is to provide crucial skills that members of YAI will be able to use in the workplace. Producing and recording webcasts, is an outlet for the group to not only be creative, but to enhance their communicative skills.

Lopez works alongside Michael Jacobs, a fellow YAI employee. The duo produces and engineers each webcast. Jacobs and Lopez share a special bond with team, collectively working together to help one another grow. They take the time to acknowledge each other's strengths and accomplishments. Following each session, the team reviews their work and discusses tips and ideas for their next show. Currently, they are practicing in Studio B every Thursday, and anticipate going live on OWWR.

Jared Cohen who goes by the name "CES," opened the show. His bright smile lights up the room, he's your go to sports aficionado. Cohen's favorite teams include, the Mets, Knicks and Rangers. Cohen, shares his routine which helps him prepare for their weekly webcast. He collects newspaper clippings and researches topics online. Also, he rehearses for each show by recording his sports segment on his phone.

Matthew Seagriff, has broadcast experience which he brings into the studio. Seagriff aka "Seaman," hosts his own amateur podcast where he discusses topics such as music, sports and his favorite anime shows. When asked what goals he wishes to accomplish at OWWR, Seagriff shares that one thing he could work on is, "not mixing per-

sonal issues with professional issues."

Ronald Torres, "Da Kid," is an aspiring D.J. who is eager to learn. He uses his time in the studio to practice engineering. Torres practices kickboxing at Tiger Schulmann's and talked about his experience during the webcast. He gave advice about the, "90 Day Challenge," a workout and diet routine. Torres also enjoys covering the news segment.

Michelle Keiser, "Shelly Shelly," has a bright sense of humor and a bubbly personality that ties the show together.



She is the newest member to the team but don't let that fool you, Keiser had no trouble getting comfortable behind the mic, "I'm a natural at this!" she states. Her segment included relationship advice as well as a local weather report.

The YAI team is a new part of the Old Westbury community. Professor Manfredi's wholehearted intention is to make the team feel at home. When asked how it feels to unite with YAI, Manfredi stated, "I feel humbled and honored that we were given the opportunity for this partnership." He is working to integrate Old Westbury students with the members of YAI. This includes connecting YAI with members of SUNY Old Westbury's First Year Program, CALL, (Community Action Learning and Leadership). Also, he will be reaching out to the School of Education to pair up YAI with graduate students who are looking to teach the developmentally disabled, as well as undergraduates for internship opportunities.



## BLACK HISTORY IN THE ERA OF DONALD TRUMP

By Ashnelle Hall

Black History Month was a time to reflect on, not only about the struggles of the African-American community, but most importantly on the achievements. There are many ways one could have celebrated the month such as going to The National Museum of History and Culture (NMAAHC), going to cultural events or engaging in festivities and programs or even going to the library and doing some research on your history.

There is no right or wrong way to celebrate Black History Month. However, with Donald Trump as our new president does Black History Month still hold its validity to a president who has consistently made racist comments towards the black community?

During Trump's campaign trail he has made numerous racist comments towards the black community. For instance during a rally in Dimondale, Michigan Trump made a statement towards "the blacks" saying "You're living in poverty, your schools are no good, you have no jobs, 58% of your youth is unemployed — what the hell do you have to lose?" (<http://www.cnn.com/2016/08/19/politics/donald-trump-african-voters/>) Trump makes it seem as though he was going to be some type of salvation to the African-American community even though he has never cared or helped in anyway previously.

In the beginning of the month he made his Black History remarks during a White House event he called

to address some things. Trump briefly took the time to recognize the achievements of a few black hero's saying " During this month, we honor the tremendous history of African-Americans throughout our country. Throughout the world, if you really think about it, right? And their story is one of unimaginable sacrifice, hard work, and faith in America." He went on paying his respects to leaders such a Reverend Dr. Martin Luther King and Harriet Tubman; however, he used the rest of his time to address issues he had the press misquoting him and taking his words out of context.

Trump was not taking the Black history speech seriously. It's like he just addressed a few things about Black achievements to get it out of the way a fill a requirement and moved onto "more important things" such as himself. Black history is an important element not only in the African-American community but it is important in American history as well. It is critical that a president shows their pride and places importance in all aspects of American history so that citizens can see them as a model.

Despite Trump's speech lacking key elements of Black history this should not discourage one people from celebrating. Black History is not only a time to reflect on the past but it is also a time to look inward and do some self reflection to see what you can to contribute to society so that the future may be better.

## My Experience With Meitu, The Anime Photo Editor

By Paige Kerr

Meitu is a Chinese photo editing app that has taken the U.S. by storm. This app not only allows it's participants to do simple photo editing task but also turns your selfie into an anime character.

yet to figure out, and quite frankly I became annoyed at said app.

I'm not a techy-person, I own an iPhone and an iPad and I can work those two devices just fine, but I am far from being a computer genius. That



Released March of 2013, Meitu has gained popularity over the last couple of weeks and people are going crazy over the idea of being "Meitu-fy." The free app offers its audience the experience of perfecting their selfies with their plastic surgery-like effect, among other cool effects. And once I saw a photo of anime Donald Trump, I knew that I had to give this app a try.

I downloaded Meitu on my iPhone and uploaded a photo to toy around with. I was quickly able to figure out how to anime myself and after chuckling for a few seconds I attempted to figure out how to perfect my picture. Which was an epic fail. With all these functions at my fingers tips I found this app to be overwhelming. There are so many filters and effects and random buttons that I have

being said, I found this app to not be very user friendly. I like my photo editing apps to be simple, like VSCO Cam, that app I can work without any difficulties. You just upload a photo, pick the filter you want, adjust the percentage, and wa-la, your done. It's so much simpler than Meitu. But VSCO cam doesn't offer an anime effect which I must admit is a lot of fun to play with.

Overall, I think Meitu is a cool photo editing app and it's a lot of fun to play with but I would not use this complicated app for simple task such as adjusting the exposure or cropping a photo. Nevertheless, I think I'm gonna leave the app on my phone for when my Instagram page needs a break from my usual selfies and give it an animated twist.

## Five Things to do This Spring Break

By Brianna Desir

Spring break is one of the few things that college students look forward to during their spring semester. It is a week where you can forget your classes, professors, what comes next on the syllabus, etc. No one is worried about their grades or their GPA or all the other stressful aspects of college. Also, growing up MTV made spring break seem like a staple for a real college experience. Here's the thing, a fancy spring break is expensive, Daytona Beach or the Caribbean islands do not come cheap but, fortunately that isn't the only way to have an amazing spring break. Here are five things you can do to have an amazing spring break vacation:

1. Go away for spring break:  
Everyone should have at least one spring break where they leave school

and go to a different state or country and enjoy themselves. There are easier ways to doing this that doesn't involve breaking their piggy bank and going completely broke just to spend a week in Cancun. Groupon is known for some of their amazing deals that can include; the flight and hotel expenses usually for under \$1,000

2. Go home:  
Nothing beats a home cooked meal, having your laundry washed for you, and being able to spend the entire week just snuggled up in your room being as lazy as one can get. Therefore why not go home? Everything is free and you can stock up on things to bring back to school. Most impor-

tantly, everything is free. Why not go home?

3. Volunteer:  
While it is great to spend the time away from school partying and getting into nonsense you would only see on television, it is also great to spend the break giving. So why not volunteer at a local shelter, hospital, or whatever suits your interest as a way of giving back to the community.
4. Take a mini-vacation:  
If you can't afford a vacation but want to take a vacation go to the spa. It's expensive but not as expensive as a trip to Miami. Treat yourself to non-expensive lavish things and pretend you're on a beach somewhere

enjoying the sun, sand, and waves.

5. Stay at school:  
This may sound like a crazy idea but why not stay at school? You can catch up on school work that way when school starts again you're ready, organized, and completely on track. On the plus side no one stays at school during the break anyways so it won't even feel like you're at school.

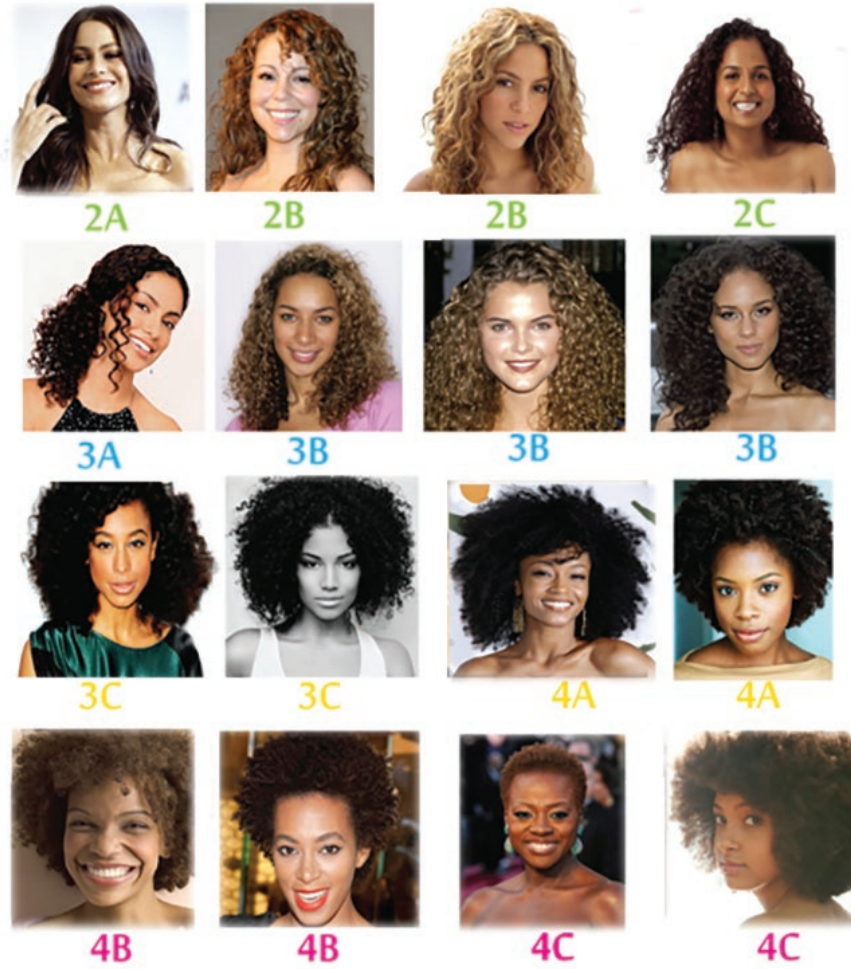
Spring Break does not have to be like MTV and Spring Breakers it could be as simple as sitting in your room binge watching Shameless until it's time to return to reality.



# #CurlsNextDoor

By Karla Arroyo

A celebration of natural curly hair of all types. In a time where natural hair is finally being appreciated again, it is important to love and protect the crown you wear on your head. Eight SUNY Old Westbury students referred to the curl chart and shared why they love their natural curls.



Kristen Russell, 21, Senior  
Curl type: 4A  
Why do you love your natural hair? I love it because it makes me feel the most like myself- I feel like it's my truest self!



Claribel Martinez, 21, Senior  
Curl type: 2C/3A  
Why do you love your natural hair? I love my curly hair because there's something that's free and careless like my personality.



Bianca Armenta, 19, Sophomore  
Curl type: 3B  
Why do you love your natural hair? I love it because it makes me different- I like to embrace my natural self.



Jeannette Adelson, 20, Junior  
Curl type: 4B  
Why do you love your natural hair? I've been natural my whole entire life, it's unique to my identity.



Veronica Rascoe, 18, Freshman  
Curl type: 3B  
Why do you love your natural hair? It's bouncy, it has life. I feel like curly hair gives me more confidence.



Ariana Cruz, 18, Freshman  
Curl type: 2B  
Why do you love your natural hair? It's different; not everybody has curly hair.



Emily Rodriguez, 18, Freshman  
Curl type: 3A  
Why do you love your natural hair? It makes me unique and it's easy- you just have to wake up and wet it.



Rachel Berthold, 21, Senior  
Curl type: 3C/4A  
Why do you love your natural hair? It's so versatile, I can change it up. It makes me feel free. I like to play with it and I love the compliments!



## Is It Acceptable to Wear Lingerie in Public?

By Paige Kerr

Lingerie has always been considered “night-time wear,” the kind of outfit you throw on to impress your significant other, but is it now socially acceptable to wear lingerie in public?

Stores such as Victoria's Secret and Forever 21 have been advertising slips as everyday wear. According to them, slips are just another dress trend. And this trend can even be found under the dress category on the Forever 21 website, right next to a conservative maxi dress. And while I am all for wearing what you want to wear and what make you feel confident, I'm not sure I can get on board with this trend.

It's silk, the slip that is. The silky material just spells out luxurious to me, and I don't consider luxurious clothing as everyday wear. Keep in mind this is coming from a jeans and T-shirt type of girl.

Victoria Secret has a category called “The Slip Shop” which weirdly sounds very elegant. Under this shop, VS has separated the slips based on occasion, “Day: Show it off, Night: Wear it out, and Late Night: Heat Things Up”. And as you can probably guess, the most risqué, revealing slips fall under the later section, as well as the highest price range. But even the slips that fall under “Day:



Forever 21



Victoria's Secret



Forever 21

Show it off” are a little too “showy-showy” for my taste.

The see-through material of the VS slips leaves nothing to the imagination and if that's the kind of look you are going for, than go for it, I just advise you to be cautious of what you wear underneath.

Some girls have been wearing slips the “90s way” meaning pairing a t-shirt underneath. Wearing a T-shirt under the slip can help make the “dress” more appropriate as well as more casual, but I just don't like the look of that. I get the point of wearing a white tee under the slip, I understand it's to make this piece

more wearable, but in the same breathe it's a very dated look. People used to wear shirts under dresses in the 90's and while dressing in 90's fashion has been insanely popular, I just can't get behind this trend.

So is it acceptable to wear lingerie outside? I say it's not.

## Can Spanx Be Outerwear?

By Paige Kerr

Kristen Stewart came out on the Saturday Night Live stage February 4th wearing quite a risqué outfit. The Twilight star came out wearing Spanx as a dress, sending shock though the audience as well as on social media.

The 26-year-old paired her black Spanx slip with a mesh skirt on top and received massive praise for it. The confidence the celebrity felt was clearly evident as she hosted SNL for the first time. And this ego-boost was much needed for the announcement she made, “I'm like, so gay, dude,” Kristen Stewart said within the first few minutes of the show, leading to more applause.

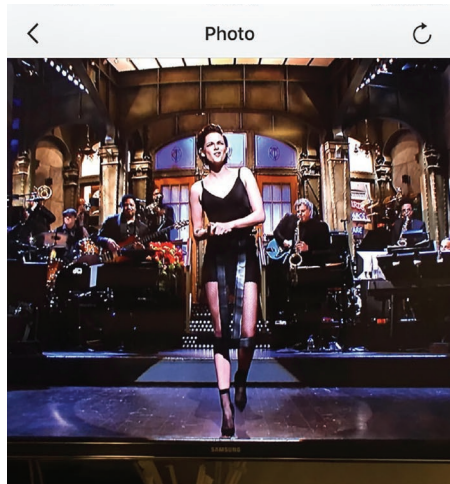
A photo was posted of Stewart's look on her stylist's Tara Swennen's page and supporters were fan girling over it, the comments included: “Great job... She looks amazing”, “This look was HEAVEN” “She slayed it!!!! Way to go Kristen!!!!” and many other positive remarks about Stewart's revealing outfit.

This begs the question of, is it now socially acceptable and even encouraged to wear Spanx as a dress? Priya Rao at InStyle had the following to say about this topic: “Because of the sheer and shiny materials that Spanx come in, I wouldn't recommend doing this (though certain Kardashians would disagree). But sharper leggings and jeans do exist- they're meant to look like regular clothing, but with the added benefit of a super stretchy, comfy

fit.”

Kim Kardashian was spotted showing off her Spanx under a nude bodysuit

Spanx should be worn as outerwear because I believe people should be able to dress however they like. And if Kristen Stewart and Kim Kardashian feel confident walking around in their Spanx outfits than I say go for it.



Photo

2,156 likes

taraswennen #kristenstewart hosting @nbcsnl tonight in a @yvvy.ch mesh skirt, @louboutinworld heels, a @spanx slip dress and @chanelofficial jewels! #kstew #snl #snlhost A HUGE #thankyou to the snl team!! #costumedep

View all 59 comments

samantharese loved this look so so much, where are the socks from?!

theresidencyexperience



Will Heath/ NBC



Daily Mail reporter



REVIEW

## “Hidden Figures” The Hidden Truth of 3 Black Women Who Worked at NASA

By Nathalie Ligonde

This feel-good drama takes us back to the 1960's, when segregation and sexism was authorized, and computers were not objects, but people. Prior to IBM mainframes taking over NASA, three African-American women were considered crucial computers who worked at the NASA headquarters at Hampton, Virginia. They played an



Image from www.kalambakal.com

important role in the United States space program and went on without any recognition.

“Hidden Figures” demonstrates the struggles of segregation during the Civil Rights Movement and how it was dealt within NASA. This moment in history also marks NASA's struggle to send astronauts into space for the first time. This film is based on a true story directed by Theodore Melfie who also wrote the script along with Allison Schroeder. Together they made a spectacular movie. The portrayal of the heroines Katherine Goble,

Mary Jackson and Dorothy Vaughan was inspiring and motivational. These women were intelligent, brave and extremely talented.

The main character, Katherine Goble (played by Taraji P. Henson) was mathematician, and was taken out of the computer room and reassigned to the group that calculated the launch coordinates and trajectory for an Atlas rocket. The team consisted of only white men and one white woman, and Katherine did not receive a warm welcome. In one scene, while getting some coffee everyone in the room stared at her. The next day, there was another less sophisticated coffee pot with the a tag that said “colored.” Another dilemma she faced was going to the bathroom. There were no “colored” restroom in the building she worked in, therefore, in order to get a release, she had to run everyday to a different building where African Americans were allowed.

Dorothy (played by Octavia Spencer) and Mary (played by Janelle Monáe) faced a lot discrimination as well. Mary wished to be an engineer which was unlikely for an African-American, let alone a woman. Dorothy who was in charge of dozens of computers was denied, multiple times, promotion to become the supervisor. Dorothy was often snubbed by her supervisor.

“Hidden Figures” plays such an important role in American history. African American women working at NASA may not be a shocked today but in the 60's, it was a huge deal. Must watch!

REVIEW

## Split

By Keya Rice

Kevin Wendell Crumb (James McAvoy), a mid 30's worker at the Philadelphia zoo that just happens to have dissociative identity disorder, is otherwise a functional member of society. Kevin's disability is not visible to those who interact with him on a daily basis, and up until now none of his personalities have surfaced in a way that was detrimental to himself and others.

This psychological thriller takes off when one of Kevin's 23 personalities kidnaps three girls; Casey Cooke (Anya Taylor Joy) Claire Benoit (Haley Lu Richardson) and Marcia (Jessica Sula). He proceeds to hold them captive in a cellar under the zoo, as his personalities take turns, emerging from a rather dark, abusive past of his. As the girls remain locked in a room, fearful, bewildered and haunting emotions run high. Claire and Marcia are driven by the need to stay alive and escape, but Casey has different plans. As a victim of abuse, Casey finds the personalities therapeutic, as she almost inadvertently encourages them. Casey whose mind is almost fully removed from the current situation, and immersed in visions from her past finds solace in the personalities. Whether she wants to leave at first is unclear to the viewers, but soon becomes known as her mind slowly slips back into the reality of the situation.

Things become grim when, a 24th personality named “The Beast”, one who aims to destroy the other personalities and impart his wisdom in a pure soul, threatens to take over. The beast indirectly plays on our emotions as he shows himself to be a facet of human life. The beast very animalistic in his approach is something similar to the animals that Kevin sees while working at the zoo. Although a fictitious character and a key proponent in Kevin's alternate world, the beast represents the pursuit of one emotion to overpower the others. Jealousy, rage and the need for attention, the battle over what feelings will define us is what



Image from Flixer.com

“The Beast” means in our modern world.

We as the viewers become sympathetic to the other key personalities; Denis, Patricia, Hedwig, Kevin, Barry, Orwell and Jade as they seem almost innocent and well intending alongside “The Beast.” As the girls continue to be held captive Kevin Wendell Crumb goes to his weekly therapy sessions with Dr. Karen Fletcher (Betty Buckley), a strong believer that people, like Kevin, can overcome their disabilities by moving to different personalities. She becomes fascinated with Kevin's mind, but because of this, things take a spin.

Dr. Fletcher's character is representative of how our curiosity can be our worst enemy. We always want to know more and dig deeper but when we dig too deep we unleash things we may not be able to handle. The film carries on as more and more personalities continue to reveal pieces of Kevin's childhood, we would have otherwise not known. The viewers are expected to pay close attention because if you miss the slightest second, a personality's motivating agents will become lost to you. Not quite a horror movie. Split thrills its viewers with horror, psychology, and action as you yearn to enter Kevin's world.

# Chance The Rapper Rises from the Underground

By Ashnelle Hall

The 59<sup>th</sup> Annual Grammy Awards were filled with amazing fashion, performances and we finally got to see artist Chance The Rapper receive recognition for his talent. Chance, born Chancellor Bennett, was able to leave that night with two Grammy's in hand--one Grammy for best new artist and the other for best rap album.

As a fan I was screaming at the top of my lungs filled with joy and pride for his accomplishments. After his winnings Chance took the stage with Kirk Franklin, Tamela Mann and a gospel choir to perform the gospel song “How Great” and “All We Got” from his sophomore album Coloring Book. After the Grammy's everyone who did not know who Chance The Rapper was began to look into his background and found that he is no newbie to this music game.

The Chicago born rapper is part of the collective Save Money – which includes rapper Vic Mensa. He is also the lead vocalist of the band The Social Experiment. Chance ventured off and perused his solo career while remaining an active member of his collectives.

He made his debut as an artist in 2012 with his 10 Day mixtape. This mixtape was created in his home during a 10 day suspension in his senior year of high school. This introduced the world to his unconventional adlibs and undoubted energy. It caught the attention of many in the music industry including Childish Gambino who took Chance on tour with him as an opening act.

Chance's mixtape Acid Rap was release the following year making it clear to everyone that he was making his mark and he's here to stay. The mixtape consist-

ed of soulful beats and radiant rhymes which helped to communicate Chance's message of love and black boy joy. Although Chance had nothing but mixtapes in his discography he was popular enough to be featured in Lallapaloosa 2013.

In 2016 Chance surprised everyone with an unannounced release of his album called Coloring Book. This album debut at number eight on the Billboard 200 chart. Coloring Book featured artist from Justin Bieber to 2 Chainz and Lil' Wayne on the very popular single “No Problem”.

As an independent artist it is hard to establish yourself in the music industry and gain respect from your peers; but chance has made it look so effortless. Through many attempts of record labels to sign Chance to their company he has

remained consistent in refusing and has continued to stay true to his path. His fans appreciate his authenticity and find it honorable that Chance has remained the same Channo from the 79.

As the year progresses more success awaits the young rapper. He is still continuing to make new music and inspire others. His upcoming spring tour begins April 24th in San Diego, California and he will be making stops in many towns like Denver, Atlanta and Dover where I will be seeing him in June. I am so excited to see him live and finally see his stage presence in person I am sure I will not be disappointed because Chance brings an energy to the stage that is like no other. So to all the Chance doubters out there YOU DON'T WANT ZERO PROBLEMS BIG FELLA!!



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The iPhone 8 and 8 plus in the new size and design. Waqar Khan.

## Want To Unlock Your Phone With Your Face?

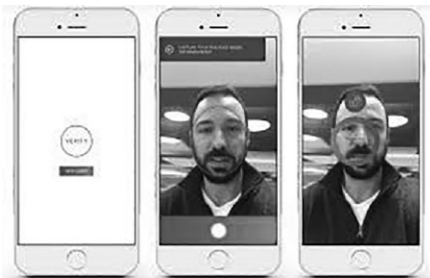
### The iPhone 8

By Paige Kerr

Apple is reining in their 10 year anniversary with the release of the iPhone 8 with a twist to it. The iPhone 8 is rumored to use facial recognition technology to unlock a user phones therefore forgoing the Touch ID feature that we have seen since the 5S. The technology used for the newest iPhone is said to be an up-and-coming Israeli startup called RealFace. According to an article by Fox News, the technology is so precise that it can recognize faces with up to a 99.67% success rate and even distinguish between identical twins. But how does this really work? And will Apple go through with their idea of removing Touch ID for an edge less design”.

An iPhone 8 model is laid out here and the home button which holds the function of Touch ID, has been removed. 9to5Mac.

The iPhone 8, or rumored name iPhone X by Apple Insider, will accomplish this new method of unlocking their phone by using both facial and iris recognition. A video on Cnet.com shows RealFace in action, RealFace’s Chief Technology Officer Gidi Littwin, held the phone up to his face and the blue lock unlocked allowing him access but when his coworker walked over and tried to unlock his phone the screen flashed a red lock button and refused to open.



The new phone is also said to incorporate 3D sensing and modeling into the iPhone 8/iPhone X. This 3D feature will allow users to replace the head of a character in a 3D game as well as take 3D selfies, and in the selfie-obsessed world we live in, this is big news.

Whether the Touch ID will be completely removed from the new design is still up in the air, Fox News says, “this will result in an edge less design which for whatever reason couldn’t coexist peacefully with Touch ID.” While a reporter at Apple Insider says the newest phone will have a two-step authentication, combining both facial recognition with fingerprint scanning.

The iPhone 8/iPhone X will be available in the standard 4.7-inch display as well as a plus version which according to Mac rumors, is said to have a 5.8-inch display

oppose to the 5.5 inch display seen on the iPhone 6 Plus/iPhone 7 plus.

But how safe is facial recognition? People were skeptical when Apple released the 5S, the first phone with Touch ID, rumors spread that this is merely a tool for the government to get the fingerprint of all Apple users. That being said, I can only imagine the skeptic comments that will come about with the release of the iPhone 8 in September.



## How To Resist

By Joey Marinaro

On January 20<sup>th</sup>, 2017, Donald J. Trump became president of the U.S. On the same weekend, many protests started around the world in response to the new administration. Now, people in the U.S. need to be seen and heard.

However, some do not consider attending demonstrations a reality. There are a number of reasons for this – fear of arrest, time management, disability, etc. A lot of people are wondering, “How do I resist?” If you are able to show up and speak out, then you should definitely feel comfortable doing so. For those that can’t “show up” don’t fret! There are still ways to protest and stand up for what you believe in.

1. **Put your money where your mouth is** – Don’t support businesses that are tied up in political agendas that do not align with your own! A little research on Google, or even mobile apps like *Boycott*, where you can scan products and find information on the company that made it and their political history, or *BoycottTrump*, which shows companies that are owned by or in business with President Trump. Feeling charitable? Donate money to grassroots organizations or somewhere that is currently fighting for human rights. Still feeling hopeless? Sign up for a service like *MyCivicWorkout* ([www.mycivicworkout.com](http://www.mycivicworkout.com)) to get one email every day that will encourage you to do something good for the world.
2. **Stay informed** – Make sure you are using verified sources for your information. Use non-profit news on the web like *Ballotpedia* ([www.ballotpedia.org](http://www.ballotpedia.org)), *Pro Publica* ([www.propublica.org](http://www.propublica.org)), or *Politifact* ([www.politifact.org](http://www.politifact.org)). Staying informed will help keep you on your toes when it comes to resisting the administration, but also be mindful not to overwhelm yourself. It’s okay to take a break if your mental health is at stake.
3. **Make change happen** – Call in people who oppose your ideas by following the “ethos, logos, pathos” method. Explain what is wrong, make logical sense of your argument, and use a call to emotion to put your opposition in the shoes of the oppressed. These conversations can get tricky, so do keep your safety in mind first. Stay informed about upcoming votes! It’s not just the presidential election that matters. Use *Megavote* ([www.congress.org/congressorg/megavote/](http://www.congress.org/congressorg/megavote/)) to find out what your representatives are about to vote on. Don’t know who your congressperson is? Use *Call My Congress* ([www.callmycongress.com](http://www.callmycongress.com)) to find out who your representatives are and what they’re voting for or against. Use information from both of these websites to call or write to your representative. Feeling anxious about having to call a representative? Use the internet to find a script and follow it as best you can.

America in its current state may seem overwhelming, but we, the people, are the only ones who can do something about it. The first step you must take is becoming informed, and knowing what your options are. Use this information to guide you through the next 4 years, and **don’t forget about what your representatives have and haven’t done on November 18th, 2018, when all seats in Congress are up for re-election.**



# POEM

## The Home of the Homeless

By Jessinta Smith

Originally published on *Her Campus* at Old Westbury



New York is my home, Lady Liberty my mother.  
 We are the embodiment of this place.  
 My grandmother spoke Italian, I can't speak a bit  
 But I understand at least a little of Spanish.  
 My skin is white, it's made up of many  
 From Natives to Ukrainians, from Irish to Italians.  
 My lover is Latino, Dominican and Ecuador  
 Being raised by a first-generation Sicilian-American  
 with none of his blood.  
 My friends are those who make up the rainbow of  
 skin color  
 Those in Hijabs also wearing bracelets for PRIDE  
 Those in lab coats waiting for their friends to  
 finish praying.  
 My home is a place that gives hope to the weak  
 And now I am a person who wants to give hope to  
 the weak.  
 My home has shown what poverty is  
 I've seen those veterans sleeping on the door-  
 steps of Cathedrals.  
 Often times Latin or Italian Cathedrals  
 The Cathedrals of the immigrants.  
 But you say the immigrants will take away from  
 those who sleep  
 Yet you are often the one walking around the rest-  
 ing, acting as if they don't exist.  
 You are not the one letting those worn from life  
 sit on your doorstep  
 Often you tell them to get a job, to stop being lazy.  
 The beauty of immigration, all immigration  
 Is that it makes the world a rainbow.  
 My world is a rainbow of skin color  
 My world is a swirling rainbow of cultures.  
 My world is a beautiful mix of accents  
 Resulting in even those who only speak English  
 possessing an accent.  
 My city has been attacked, my home attacked  
 My loved ones hurt in 9/11.  
 But still we love the rainbow of people.  
 Still Lady Liberty holds her torch to light the way  
 for those in need  
 A torch no one will ever be able to blow out.

# OPINION

## The Most Beautiful Thing A Grilled Cheese

By Jay Shah

Not many people get the satisfaction of a great grilled cheese. Especially not at two in the morning. It is safe to say that I have managed to master perfection in achieving that satisfaction.

The Grilled Cheese Sandwich is humanity's greatest invention. Who would have thought slapping two slices of bread together separated by a slice of processed milk would be so delicious? Not only is it convenient, it is efficient. It does not require a whole lot of ingredients and neither does it require a whole lot of time to make. Although how it's made is very important. There needs to be the right amount of butter in the pan, the right kind of bread, the right kind of cheese, the right amount of cheese as well and the right moment for when to flip it. But the most important thing of all would be the right way to enjoy it, and that is with both hands bared and

your mouth open wide.

A grilled cheese can be prepared with various combinations of different types of cheeses and bread. A personal favorite combination includes Swiss cheese, mozzarella cheese, provolone cheese, pepper-jack cheese and cheddar cheese. These paired with sour-dough bread, whole-wheat or whole-grain bread, and loads of butter would make the perfect grilled cheese.

A really good trick to add a little twist to a good grilled cheese is to melt butter in the pan and squeeze half a lemon once it starts to heat up. Also adding garlic salt to the bread slices before placing into the pan to grill would add additional spice.

This is literally what dreams are made of. May the Cheese be with you.

# PUZZLES

### Sudoku #208

		4		1		2		
5			6					
	2					5		9
2					8	6		7
	3							
	4		7					
			4			8	7	
	1				9			
7				2			5	

7	6	3	8	2	1	9	5	4
4	1	8	5	7	9	3	6	2
9	5	2	4	6	3	8	7	1
8	4	1	7	9	6	2	3	5
6	3	7	2	5	4	1	9	8
2	9	5	1	3	8	6	4	7
1	2	6	3	4	7	5	8	9
5	7	9	6	8	2	4	1	3
3	8	4	9	1	5	7	2	6

Sudoku #208

### Sudoku #226

	9			8				
8			2			1		
			4		5		2	
		6	7					
3					1		8	
	5				9			
	4					2		
		5		7			6	
2	3							1

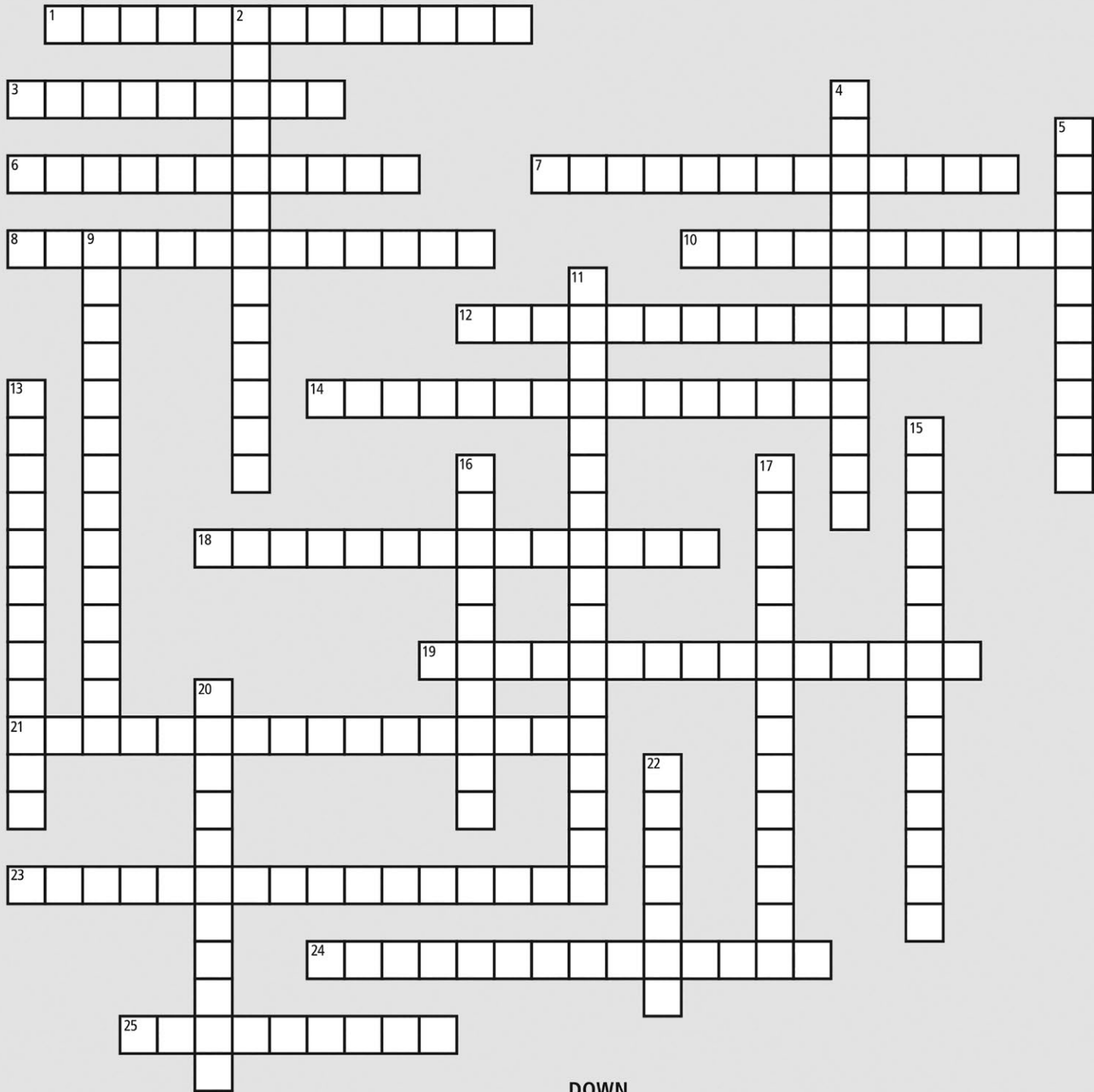
2	3	7	9	4	6	5	1	8
9	8	5	1	7	2	3	6	4
6	4	1	8	5	3	2	9	7
4	5	8	3	2	9	6	7	1
3	7	9	5	6	1	4	8	2
1	2	6	7	8	4	9	3	5
7	1	3	4	9	5	8	2	6
8	6	4	2	3	7	1	5	9
5	9	2	6	1	8	7	4	3

Sudoku #226



# Women's History Month Crossword: Notable Women

Test your knowledge of women's history by identifying the notable women in this crossword puzzle. (You can use an encyclopedia to help find the answers.)



## ACROSS

1. Founder of the Christian Science movement
3. First Asian-American woman elected to the U.S. Congress
6. Credited with founding the American Red Cross
7. Prominent civil rights activist; arrested in 1872 for trying to vote in the U.S. presidential election
8. First woman to fly solo across the Atlantic Ocean
10. First female speaker of the U.S. House of Representatives
12. Jazz singer; first African-American woman to win a Grammy
14. First African-American female U.S. secretary of state
18. Former first lady who became a U.S. senator
19. First African-American woman elected to the U.S. House of Representatives
21. First female U.S. Supreme Court justice
23. Humanitarian and first lady; chaired the committee that drafted and approved the Universal Declaration of Human Rights
24. First woman principal chief of the Cherokee nation
25. First female American astronaut to go into outer space

## DOWN

2. First American woman to serve on the International Olympic Committee
4. Wrote *The Feminine Mystique*; credited with starting the modern women's rights movement
5. Brought French cooking techniques to American television
9. Notable 19th century poet from Amherst, Mass.
11. First female U.S. secretary of state
13. First African-American to be awarded the Nobel Prize in literature
15. Civil rights leader; credited with saying "I am sick and tired of being sick and tired"
16. Notable French fashion designer; created the "little black dress"
17. Artist best known for her paintings of flowers, animal bones, and landscapes
20. Studied chimpanzees in Africa for most of her professional career
22. Architect who designed the Washington, D.C., Vietnam Veterans Memorial



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- |                      |                        |                         |                     |
|----------------------|------------------------|-------------------------|---------------------|
| 15. FANNIE LOU HAMER | 2. ANITA DEFRANTZ      | 14. CONDOLEEZZA RICE    | 1. MARY BAKER EDDY  |
| 16. COCO CHANEL      | 4. BETTY FRIEDAN       | 18. HILLARY CLINTON     | 3. PATSY MINK       |
| 17. GEORGIA O'KEEFE  | 5. JULIA CHILD         | 19. SHIRLEY CHISHOLM    | 6. CLARA BARTON     |
| 20. JANE GOODALL     | 9. EMILY DICKINSON     | 21. SANDRA DAY O'CONNOR | 7. SUSAN B. ANTHONY |
| 22. MAYA LIN         | 11. MADELEINE ALBRIGHT | 23. ELEANOR ROOSEVELT   | 8. AMELIA EARHART   |
|                      | 13. TONI MORRISON      | 24. WILMA MANKILLER     | 10. NANCY PELOSI    |
|                      |                        | 25. SALLY RIDE          | 12. ELA FITZGERALD  |



# Panthers Baseball 2017 Season Preview



By Harris Rappel

SUNY Old Westbury enters the 2017 season as the only team in the Skyline Conference with eight consecutive 20-win seasons after finishing the 2016 campaign with its ninth-straight conference championship appearance.

Now entering his seventh season at the helm, head coach Rod Stephan's Panthers were voted the Skyline Conference's preseason favorite to win this year's conference championship. The Panthers received three of a possible 10 first-place votes by the league's head coaches.

Leading the charge in 2017 will be a handful of all-conference selections in returning seniors Tommy Ziegen (Glen Cove, NY / Glen Cove HS), Michael Cardino (Massapequa, NY / Massapequa HS), Kevin Lao (Floral Park, NY / Floral Park Memorial HS), and juniors Jesse Russo (Westbury, NY / W.T. Clarke HS) and Dean Sheridan (Huntington, NY / St. Anthony's HS).

The Panthers return six starters on offense, two starting pitchers and three relief pitchers with a total of 14 lettermen returning from last year's club. Stephan sports a 28-man roster, which includes 11 seniors, nine juniors, three sophomores and five freshmen. Stephan appointed Ziegen, Lao, along with Russo and classmates Michael Gismondi (East Meadow, NY / W.T. Clarke HS) and Louis Sileno (Dix Hills, NY / Half Hollow Hills East HS) as his 2017 captains.

Here is a look position-by-position at the 2017 Panthers:

**Catchers:** Old Westbury features a pair of veterans in Sileno and senior Carlos Balmaceda (Brooklyn, NY / Archbishop Molloy HS) behind the plate. Sileno started in 22 of his 25 games played in his first season as a Panther to hit .250. Balmaceda appeared in 23 games a year ago, starting in 17, to hit .276. Freshman Nicholas Balfé (Dix Hills, NY / North Babylon HS) is another viable option behind the dish.

**Infield:** Ziegen returns as the anchor in the Old Westbury infield after starting in 120 of the Panthers' 122 games at shortstop over the past three seasons. The Old Westbury ironman was also the lone Panther to see action in all 41 games while leading the nation in triples (10) and triples per game (0.24). He also ranked among the NCAA Division III leaders in stolen bases (25th, 26) and stolen bases per game (26th, 0.63).

The two-time all-region selection set career-highs a season ago in batting average (.348), slugging percentage (.614), on-base percentage (.395), hits (55), home runs (4), RBI (42), runs (44), doubles (10), triples and stolen bases (26).

Russo lived up to the hype in his first season as a Panther and was named all-conference after batting a team-leading .399 with 61 hits, 40 runs, 24 RBI. Slotted as the Panthers everyday second baseman in 2017, Russo ranked 25th in the nation with 26 stolen bases in 2016.

Cardino produced a career year to earn all-region and all-conference honors at third base. The career .301 hitter set career-highs in 2016 in batting average (.340), hits (35), doubles (9), RBI (23) and slugging percentage (.476). Cardino is an experienced third baseman that will look to punish opposing pitchers at the bottom of the lineup.

Senior Jesse Matos (Huntington, NY / John Glenn HS), a 2015 member of the conference championship team, sat out the 2016 season and will contribute as a utility infielder that will provide depth at second base, shortstop and third base.

Sheridan (.368 BA), a two-time all-conference selection at first base, is a threat in the middle of the lineup that saw him set career-highs in hits (49), RBI (34), runs (32), doubles (6), triples (4), stolen bases (14) and fielding percentage (.989). Gismondi made 10 appearances at the position a season ago and provides the lineup with an option from the left side of the plate. Jon Dastagirzada (Queens, NY / Queens HS of Teachings) will look for at-bats behind a veteran first-base core.

**Outfield:** Old Westbury's outfield will be anchored by Lao, who garnered all-region and all-conference honors in just his first season as a Panther. Lao is a skilled hitter who ranked 23rd in the nation in triples (6) and 36th in slugging percentage (.698). He projects as the team's left fielder and No. 4 hitter after generating a .353 batting average with seven home runs, 34 RBI, 33 runs and 11 stolen bases.

Right field will be occupied by another all-conference selection in senior Paul Rapoli (Yonkers, NY / Burke Catholic HS). Rapoli batted .336 with 26 RBI, 24 runs scored and 15 extra-base hits to slug .513 a season ago. He will be a threat at the bottom of the lineup.

Junior David Hawley (Freeport, NY / Southside HS), a transfer from Nassau Community College, will occupy center field and provides a left-handed bat near the top of the order.

Sophomore Gianni Carbone (Ronkonkoma, NY / Santa Fe Catholic HS), played the 2015 season at Dutchess Community College. He is a presence in the middle of the lineup at 6-foot-5, and will serve as the designated hitter while seeing time in right field.

Juniors Tyler Roberts (Howard Beach, NY / Archbishop Molloy HS) and Liam Slattery (Floral Park, NY / Archbishop Molloy HS), along with freshman Nick Cordeo (Ronkonkoma, NY / Sachem North HS) will serve in reserve roles in the Old Westbury outfield. Roberts is coming off a season that saw him set career-highs in nearly every statistical category as a left-handed bat. Slattery is a Division II transfer who played in 50 games during his two seasons at Mercy College. As a freshman, he ranked 40th in the nation with 19 stolen bases.

**Pitchers:** Old Westbury features an 11-man pitching staff that will look to build off a season that saw them rank 21st in the nation with a conference-leading 3.38 ERA in 2016. The Panthers also led the conference in wins (26), earned runs (120), strikeouts (307) and innings pitched (319.2). Old Westbury held opposing batters to a .241 average while posting nine shutouts with 12 complete-game efforts.

Junior Adam Heidenfelder (Wantagh, NY / General Douglas MacArthur HS) will lead Old Westbury after arriving on campus with two seasons of experience at Hofstra University. The right hander logged 71.2 innings of work in 35-career appearances to accumulate 70 strikeouts at the Division I level.

Junior Christian Tessitore (Baldwin, NY / Kellenberg HS) brings two seasons of Division II experience from Dowling College to the staff. The right-handed transfer appeared in 16 games to fan 18 batters in 24.2 career innings.

Returning into increased roles on 2017 will be senior righties Trey Pizzutello (Stamford, CT / Stamford HS), Daniel Aguilo (Elmont, NY / Elmont Memorial HS) and Preston Zanon (Yorktown, NY / Yorktown HS). Pizzutello (4-2, 4.66 ERA) proved that he's not afraid to pitch, walking

just six batters while striking out 32 in 38.2 innings. Aguilo (6-3, 3.59) led the team with four complete games and was second on the squad in strikeouts (55) and innings pitched (57.2), and tied for the team lead with six wins. Zanon did not pitch last year and made nine starts as a third baseman and designated hitter to hit .300 in 19 games.

Vinny Negri (Commack, NY / Commack HS) spent his freshman year at Suffolk County Community College, where he posted a 3.48 ERA with 16 strikeouts in 20.2 innings. He will see time as a spot starter and will look carve a relief role in his first season at Old Westbury.

Senior Ryan Mordecai (Patterson, NY / Carmel HS) will be relied on to close out games in 2017. He recorded two saves, held batters to a .226 average, and fanned 19 batters in 15 innings in his first season at Old Westbury.

Also joining the staff is righty James English (Smithtown, NY / Smithtown HS), a senior transfer from Division II Flagler College, who will see late-inning work out of the bullpen.

Rounding out the bullpen is sophomore Christian Ramkissoon (East Meadow, NY / W.T. Clarke HS), and freshmen Jason Espinal (Bellport, NY / Brentwood HS), Steven Tellerias (Santo Domingo, DR / Central Islip HS). Tellerias will serve as the lone lefty on staff.

## Schedule

Old Westbury opens the 2017 slate on Sunday (Feb. 19) when they travel to Stevens for a non-conference showdown. The Panthers return home March 11 for non-league action against Lehman after starting the season with a seven-game road trip.

In total, Old Westbury will play 18 of its 40-game regular-season schedule in front of its home fans, while 10 are slated for Skyline Conference matchups.

The Panthers will host Maritime, United States Merchant Marine Academy, Farmingdale State, Purchase and St. Joseph's (Brooklyn) as part of the league schedule. Old Westbury will hit the road for conference tilts at Yeshiva, Mount Saint Mary, St. Joseph's (L.I.) and Mount Saint Vincent.

Old Westbury's quest for a second Skyline Conference Championship in three seasons will begin May 3.



# Panthers 2017 Women's Lacrosse Season Preview



By Harris Rappel

SUNY Old Westbury women's lacrosse is coming off the heels of a season that saw them set a new record for wins in a single season en route to advancing to the programs first-ever Skyline Conference Championship appearance. The 2016 campaign saw Old Westbury go 6-12 overall and 4-3 in Skyline play. The Panthers were defeated by reigning conference champion St. Joseph's (L.I.) in the semifinal-round of the 2016 Skyline Championship, and fifth-year head coach Lauren Schneider is hoping for a longer stay this season. Old Westbury was selected to finish fourth in the 2017 Skyline Conference Preseason Coaches' Poll (click here for full poll).

Leading the way for Old Westbury will be a trio of upperclassmen captains in senior Sara Bey (Merrick, NY / Sanford H. Calhoun HS), along with junior midfielder Danielle Weir (North Massapequa, NY / St. Dominic HS) and classmate goalie Ashley Gugliuzzo (Oakdale, NY / Connetquot HS).

Bey, who was recognized as a second-team All-Skyline Conference selection, set career highs in assists (17), points (47), caused turnovers (33) and ground balls (44) a season ago. The three-time All-Skyline Conference honoree finished with 30 goals and 23 draw controls in 18 games played.

Weir had a breakout campaign that saw her lead the team with a career-best 48 draw controls en route to garnering second-team all-conference honors. She also set

career highs in goals (37), assists (12), points (49), shots (82) and shots on goal (66) while also becoming the program's all-time leader with four game-winning goals.

Gugliuzzo, the program's career-record holder in wins (12), saves (267), save percentage (.388), game played (32) and minutes (1909), is slated to start to goalkeeper. She will be backed up by junior Olivia O'Keefe (Lindenhurst, NY / St. John the Baptist HS), who appeared in two games in 2016.

In conjunction with the trio of captains, sophomore midfielder Natasha Treuman (Merrick, NY / Sanford H. Calhoun HS) will look to pick up right where she left off after setting program records with 61 goals and 69 points in 2016. For her efforts, Treuman was voted as the Skyline Conference Co-Rookie of the Year. In just her first game played (Mar. 8, 2016), she set a program record with 10 goals and 11 points in the season-opening win at Bard College.

Four additional juniors in attacker Halle Johnson (Lakeview, NY / Malverne HS), midfielder Taylor Guarneri (Huntington, NY / Cold Spring Harbor HS), and defenders LaChaye Allen (Freeport, NY / Freeport HS) and Jessica Tuckruskye (Baldwin, NY / Holy Trinity HS) will also be called upon to fill a bigger role, given the sizeable void left by the 2016 graduating class of three student-athletes.

Johnson is coming off a season that resulted in an increase in pro-

duction (17 starts) after finishing the campaign with career highs in goals (23), game-winning goals (2), assists (8), points (31), shots (59), ground balls (24), draw controls (11) and caused turnovers (10).

Guarneri, just like Johnson, saw an increase in playing time (18 games), and in return paid huge dividends by way of totaling career bests in goals (15), assists (6), points (21), shots (35), ground balls (36), draw controls (11) and caused turnovers (18).

Allen, a Division II transfer from St. Thomas Aquinas College in 2016, started all 18 games in her first season at Old Westbury to produce two assists, 29 ground balls and 17 caused turnovers.

Tuckruskye also contributed to the defensive efforts in 16 games (12 starts), where she totaled 15 ground balls and caused 10 turnovers in her first season.

Sophomore Roseann Cox (West Hempstead, NY / West Hempstead HS) played in 13 games (five starts) in 2016, and will look to contribute to a talented group of attackers. Classmate Erika Fonseca (Glen Cove, NY / Glen Cove HS) appeared in two games last season and will add depth to the defensive unit.

The Panthers will be boosted by the return of senior attacker Imani Blake (Queens, NY / Queens High School of Teachings) and junior defender Edania Martinez (Brentwood, NY / Brentwood HS), both of whom sat out the 2016 season.

Along with the return of Blake

and Martinez, the Panthers will also be welcoming two at the attack position in senior Sam Rubi (Brentwood, NY / Brentwood HS) and freshman Rachel Phillips (Riverhead, NY / Riverhead HS), along with freshmen defenders in Pat Giogaia (Great Neck, NY / Great Neck South HS) and Natalia Ocampo (Elmont, NY / Sewanhaka HS).

Old Westbury opens the 2017 slate on Feb. 25 when they travel to Arcadia University for a non-conference showdown. The Panthers return home March 4 for non-league action against Kean University before heading down to Hilton Head, South Carolina for games against Eastern Connecticut State University (Mar. 13) and Albright College (Mar. 15).

In total, Old Westbury will play seven of its 17-game regular-season schedule in front of its home fans, while four are slated for Skyline Conference matchups.

The Panthers will host Purchase College, United States Merchant Marine Academy, College of Mount Saint Vincent and Farmingdale State College as part of the league schedule. Old Westbury will hit the road for conference tilts at St. Joseph's College (L.I.), Mount Saint Mary College, The Sage Colleges and SUNY Maritime.

Old Westbury's quest for a second Skyline Conference Championship appearance will begin May 2.